



# Hayes Valley Care & Ethel

Isolation was once the biggest factor.

“My mother didn’t want to leave her home” says Paula. “She put up such a lot of resistance. But, she’d become so isolated... so cut-off from people. What she got at Hayes Valley Care is a new life really.”

*Ethel faces East toward the tree draped window.*

*Her bright face outshines the autumn light.*

*Her speech is slow but her answers quick.*

*Ethel holds nothing back.*

*Struck by a question she turns direct.*

*Gaze visceral.*

Gertrude Stein is Ethel’s favorite writer, “ramblings!” she says in admiration.

Gloria Steinem is “wonderful and she’s so beautiful.”



*Ethel’s stone bracelet accents her orange sweater.*

*Her bold collages, dark watercolors and rich inks, line the walls.*

*The artist expressing herself, both instinct and deliberation.*

“What I like about it for her,” says Paula, “is that it’s an educational center. A huge influx of people paying attention... an opportunity for my mother to keep meeting new people.

The ethos of this place makes it very lively... It’s people helping people.”

Ethel tells about the Hayes Valley outings, the movies and picnics, and “one night in Reno” she says. They watched the Bay to Breakers and even from the sidelines Ethel’s smile and force of personality made others gather around; especially the racing Elvis’s.

We join hands as a community to provide love,  
embrace challenges, and  
experience the blessing of Awakenings.

Hayes Valley Care is a family run assisted living community within an active San Francisco neighborhood. We provide personalized and comprehensive care to elders in a holistic environment. Our mission statement is to provide love, embrace challenges and experience the blessing of Awakenings.

Pacific Institute is a valued part of our Hayes Valley Care community, supporting the emotional and psychological process of aging through a dedicated team of mental health professionals and interns. We are grateful for Pacific Institute’s commitment to meaningful aging and extend our best wishes for a spectacular evening.



**Hayes Valley Care**  
an assisted living community

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